

SUMMER PROGRAMS



LOUIS S. VIVERITO SENIOR CENTER • 7745 Leamington Ave., Burbank, IL • 708/636-8850

- ▶ **Daily Activities** • Congregate meals served 5 days a week • *Happy Birthday* first Tuesday of each month • Movies every Friday at 12:30pm. • Massage Therapy 1st & 3rd Tuesdays each month.
- ▶ **Independence Day Party** • *Thursday, July 3rd, 9:30am.* Bingo, popcorn, ice cream & raffles.
- ▶ **July is Elder Abuse Awareness Month...9 Tips for Seniors to Avoid Financial Abuse An Important Guide for Seniors and Those Who Care for Them** • *Wednesday, July 9, 10-11 a.m.* Greg Kurinec, a Certified Estate Advisor with the National Association of Financial and Estate Planning.
- ▶ **Center for Disability & Elder Law (CDEL) Presentation** • *Wednesday, July 23rd, 10-11am.* Covering a broad range of legal issues including: guardianship, landlord/tenant issues, consumer fraud, foreclosure, elder abuse, wills & probate, powers of attorney, bankruptcy, collections and real estate. Please register in advance by calling 708/636-8850.
- ▶ **Illinois Secretary of State Mobile Unit** • *Tuesday, July 29th, 9:30am-2:30pm.*
- ▶ **Grandparent's Day** • *Thursday, August 14th, 10am.* Join us to make a special craft with your grandchildren and to play in the park. A children's menu will be provided for lunch. Take photos with your grandchildren. And at the end of the day, children will leave with a special treat.
- ▶ **Council on Aging's Bingo Bash** • *Tuesday, August 19th, 9:30am.* Held at LSV and North Senior Centers. Door prizes, raffles, lunch and refreshments will be served. Must show a 2008 Council on Aging card to participate and receive a free bingo card and door prize ticket. Lunch/\$2 • Bingo/\$1 per card (maximum 6 card purchase).
- ▶ **Techniques for Fall Prevention** • *Thursday, August 21st, 11am.* Sponsored by Lifeline.
- ▶ **Cook County Animal Control Rabies Vaccine & Microchip Inserts** • *Wednesday, September 3rd, 10am-3pm in the LSV parking lot.* Nominal fee will be charged.
- ▶ **Hoe Down** • *Tuesday, September 9th, 10am.* Square dancers with a professional caller will be dancing the day away! Join us to learn or to watch the square dancers in action. Lunch served at 11:30am. Please register in advance by calling 708/636-8850.
- ▶ **Community Health and Caregiver Fair** • *Saturday, September 13th, 9am-1pm.*
- ▶ **55 Alive** • *Thursday & Friday, September 18th & 19th, 12-4pm.* Refresher course for motorists age 50 and older. \$10 fee to instructor. Sponsored by AARP. Call 708/636-8850 to register in advance.
- ▶ **PJ Party** • *Tuesday, September 23rd, 9:30am.* Join us in your favorite PJ's for breakfast and bingo.
- ▶ **Take Charge of Your Health** • *Fridays, September 26, October 3, 10, 17, 24, 31, 10am-12pm.* This class, led by Phyllis Combs, Caregiver Specialist, and Sharlene Placzkowski, Certified Medical Assistant, is a chronic disease self-management program developed by Stanford University. To register, call 708/636-8850.
- ▶ **LOOKING AHEAD:**
Halloween Party • *Friday, October 31st.* Bingo and costume contest!

NORTH STICKNEY MEALSITE • 6721 W. 40th St., Stickney, IL • 708/788-9100, ext. 27

- ▶ **Congregate Meals** • Tuesday & Friday at 11:30am.
- ▶ **Independence Day Celebration** • *Tuesday, July 1st.* Bingo 9:30am, entertainment 10:30am and American Sub lunch. Featuring Pearl Bailey Stars and Stripes program.
- ▶ **Horseshoe Casino** • *Mondays, July 21st, August 18th, September 15.* Depart North Clinic at 8:30am, sharp!
- ▶ **Luau** • *Tuesday, August 26th.* Bingo 9:30am., dancers 10:30am, lunch at 11:30am, Polynesian chicken.
- ▶ **Labor Day Party** • *Tuesday, September 2nd, 9:30am bingo, 10:30am entertainment by Mr. Don Rietsma.* Meal, all-American hamburger at 11:30am.

CENTRAL STICKNEY MEALSITE • 4949 S. Long Ave., Chicago, IL • 708/458-8855

- ▶ **Congregate Meals** • Mondays & Wednesdays at 11:30am. Call to reserve 2 days in advance. Bingo on Mondays at 10:30am.
- ▶ **Independence Day Celebration** • *Monday, July 7th.* Meal and Super Bingo.
- ▶ **Super Bingo and Lunch** • *Monday, August 11th.*
- ▶ **Labor Day Party** • *Monday, September 8th* • Meal and Super Bingo.